

registration

Registration deadline is April 20, 2012

You must have attended a Tobacco Intervention: Basic Skills Training to register for this conference.

To assure the highest quality of instruction, class size will be limited. Please register early. Registration fee includes continental breakfast and lunch.

Please complete the following:

Registration:

This year's training has been divided into two parts. The main conference (Part A) will include presentations and an array of topics by national and state experts and will be held on April 30 & May 1, 2012. Part B will include practical training experiences and will be held on May 2 & 3, 2012. All are welcome to attend both parts. **However, those wishing to apply for certification (TTS-C) must attend both Parts A and B.** For any questions, please feel free to contact Becky Hendrix at 662-7122.

Registration fees: Please make your selections.

PART A:

- \$150.00 Maine Participants
- \$100.00 Students
- \$300.00 Out-of-State Participants

PART A AND B:

- \$250.00 Maine Participants
- \$150.00 Students
- \$500.00 Out-of-State Participants

You cannot attend Part B on May 2nd and 3rd unless you attend Part A on April 30th and May 1st.

Name: _____ Degree(s): _____

Position/Title: _____

Organization/Agency: _____

Address: _____

City: _____ State: _____ Zip: _____

County _____ Daytime Phone: _____ E-mail: _____

Please select workshops you would like to attend:

- | | | |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| Day One: | Day Two: | Day Three: |
| 9:50-10:50 <input type="checkbox"/> A or <input type="checkbox"/> B or <input type="checkbox"/> C or <input type="checkbox"/> D | 9:30-10:20 <input type="checkbox"/> H or <input type="checkbox"/> I
11:20-12:00 <input type="checkbox"/> J or <input type="checkbox"/> K or <input type="checkbox"/> L | 8:35-10:30 <input type="checkbox"/> Q or <input type="checkbox"/> R |
| 1:00-3:00 <input type="checkbox"/> E or <input type="checkbox"/> F or <input type="checkbox"/> G | 1:00-2:00 <input type="checkbox"/> M or <input type="checkbox"/> N
2:10-3:10 <input type="checkbox"/> O or <input type="checkbox"/> P | |

Ways to Register

Mail this form: Program Coordinator, Center for Tobacco Independence • 110 Free Street • Portland, ME 04101
Fax this form: 207-662-7135 • Call: 207-662-7122 • E-mail: hendrr@mainehealth.org

You will receive a confirmation and directions to the conference via e-mail or by letter once we receive your information. If you do not hear from us, please call us at 207-662-7122.

Payment Method Options

- Check: Make payable to **MaineHealth®** or VISA MASTERCARD

CC#: _____ Exp. Date: _____

Cancellation Policy: Cancellations accepted up to 72 hours prior to the conference for a full refund. For more registration information, call the Center for Tobacco Independence at 207-662-7122 or e-mail Becky Hendrix at hendrr@mainehealth.org.

Overnight Accommodations

Participants are responsible for their own overnight lodging, if needed. DoubleTree by Hilton in South Portland, Maine has reserved a block of rooms at \$99.00 plus tax per night for standard rooms. To make reservations, please call 207-775-6161. You must mention that you are with the Intensive Tobacco Treatment Conference.

Other hotel options in South Portland: These rates will vary. Hampton Inn, 171 Philbrook Avenue (207-773-4400). Comfort Inn, 90 Maine Mall Road (207-775-0409). Days Inn, 461 Maine Mall Road (207-772-3450).

Who Should Attend

Healthcare and education professionals who deliver or plan to deliver intensive tobacco treatment services and **have attended a Basic Skills Training.** It is open to those attending for the first time, as well as those who have previously attended the two-day Intensive Tobacco Treatment Training.

Credits and Certificates

Credit hours are being submitted for the following organizations:

Dental Professionals, Board of Respiratory Care Practitioners, Alcohol & Drug Counselors.

This activity has been submitted to ANA-Maine for approval to award contact hours. ANA-Maine is accredited as an approver of continuing nursing education by the American Nurse's Credentialing Center's COA.

MaineHealth—Center for Tobacco Independence
110 Free Street
Portland, ME 04101

Healthy Maine Partnerships
Maine Center for Disease Control and Prevention



Appropriation #014-10A-9922-022-4199

The Department of Health and Human Services (DHHS) does not discriminate on the basis of disability, race, color, creed, gender, age, sexual orientation, or national origin, in admission to, access to or operation of its programs, services, activities or its hiring or employment practices. This notice is provided as required by Title II of the Americans with Disabilities Act of 1990 and in accordance with the Civil Rights Acts of 1964 as amended, Section 504 of the Rehabilitation Act of 1973 as amended, the Age Discrimination Act of 1975, Title IX of the Education Amendments of 1972 and the Maine Human Rights Act. Questions, concerns, complaints, or requests for additional information regarding civil rights may be forwarded to the DHHS' ADA Compliance/EEO Coordinator, State House Station #11, Augusta, Maine 04333, 207-287-4289 (V) or 207-287-3488 (V), TTY: 800-606-0215. Individuals who need auxiliary aids for effective communication in programs and services of DHHS are invited to make their needs and preferences known to the ADA Compliance/EEO Coordinator. This notice is available in alternate formats, upon request.



APRIL 30–MAY 3, 2012
DOUBLETREE BY HILTON
SOUTH PORTLAND, MAINE

Intensive Tobacco Treatment Training & Conference

Keynote:
Douglas M. Ziedonis, MD, MPH

 **Healthy Maine Partnerships**
Maine Center for Disease Control and Prevention

speakers

Keynote Speaker

Douglas M. Ziedonis, MD, MPH

Dr. Ziedonis is a professor and Chair of the Department of Psychiatry at the University of Massachusetts Medical School and a psychiatrist with UMass Memorial Medical Center. He has written over 100 peer-reviewed publications and chapters and is internationally regarded for his cutting edge research in co-occurring mental illness and addiction, including tobacco dependence.



Other Speakers

Stephen Andrew, LCSW, LADC, CCS, CGP
The Health Education and Training Institute

Patricia A. Burke, MSW, LCSW, BCD
Private Practice

Donna Chamoff, PMHNP-BC
Center For Tobacco Independence

Marla Davis, MSN, RN, TTS-C
Mid Coast Hospital

Sarah Gagne, MS
Center For Tobacco Independence

Amy Giles, CHHC, TTS-C
Center For Tobacco Independence

Lee Gilman, MS, CHES
American Lung Association of New England

Ellen Glovsky, PhD, RD, LDN
Training with Dr. Ellen

Kimberly Harvey, MPH
Center For Tobacco Independence

Rebecca Hitchcock, NP, TTS-C
Center For Tobacco Independence

Cori Holt, MBA
Center For Tobacco Independence

Joanne Joy, MA
Healthy Communities of the Capital Area

Alessandra Kazura, MD, FAAP
Center For Tobacco Independence

Mark Kiefner, PhD
Bayside NeuroRehabilitation Services

Dorean Maines, MPA
Partnership For A Tobacco-Free Maine

Ann E. Maloney, MD
University of Massachusetts Medical School

Maura McDonald, FNP, TTS-C
Center For Tobacco Independence

Maggie Miller, MA, TTS-C
Center For Tobacco Independence

Barbara Perry, FNP, TTS-C
Center For Tobacco Independence

Jenny Radsma, PhD, RN
University of Maine at Fort Kent

Katherine Ryan, PhD
Center For Tobacco Independence

Martha Seabury, BSN, TTS-C
Center For Tobacco Independence

David Spaulding, BA
Center For Tobacco Independence

Keith Walker, LCSW, CADC
Center For Tobacco Independence

Vicky Wiegman, MEd, CAS, TTS-C
Lewiston High School

Megan Wilson, CPCC
Center For Tobacco Independence

Fred Wolff, LADC, LCPC, TTS-C
Center For Tobacco Independence

agenda

Day One: April 30, 2012

- 8:00-8:30 Registration/Continental Breakfast
- 8:30-8:45 **Welcome**
Fred Wolff and Dorean Maines
- 8:45-9:45 **Addressing Tobacco in Mental Health and Addiction Settings**
Dr. Douglas M. Ziedonis
- 9:50-10:50 **Break out A: The Impact of Cognitive Impairments on Tobacco Treatment**
Dr. Mark Kiefner
- Break out B: Tobacco Dependence and Attention Deficit Hyperactivity Disorder (ADHD)**
Dr. Katherine Ryan
- Break out C: Depression and Tobacco Treatment**
Dr. Alessandra Kazura
- Break out D: Tobacco and Co-occurring Other Addictions**
Fred Wolff
- 10:50-11:05 **Break**
- 11:05-12:00 **Motivation Based Treatment for Tobacco Addiction**
Dr. Douglas M. Ziedonis
- 12:00-1:00 **Lunch**
- 1:00-3:00 **Break out E: Motivational Interviewing -Level One**
Stephen Andrew
- Break out F: Motivational Interviewing -Level Two**
Dr. Ellen Glovsky
- Break out G: Motivational Interviewing -Level Three**
Patricia Burke
- 3:15-4:00 **Optional Reception: All About Becoming Certified as a TTS-C and why to do it**
Lee Gilman and Vicky Wiegman

Day Two: May 1, 2012

- 8:30-9:25 **After the Quit Day: Compensatory Metabolism Changes**
Dr. Ann E. Maloney
- 9:30-10:20 **Break out H: Mothers and Fathers: Tobacco Narratives**
Dr. Jenny Radsma
- Break out I: Tobacco and Chronic Illness**
Marla Davis
- 10:20-10:35 **Break**
- 10:35-11:15 **Professional Journal Articles Discussions**
- 11:20-12:00 **Break out J: A Model for Treating Special Populations: The Maine Helpers Program**
Barbara Perry
- Break out K: LGBTQ and Tobacco**
Joanne Joy
- Break out L: Case Studies: Working with Teens**
Dr. Alessandra Kazura

- 12:00-1:00 **Lunch**
- 1:00-2:00 **Break out M: The Maine Tobacco HelpLine: Outcomes, Operations, and Practice Integration**
Kimberly Harvey, Cori Holt, and David Spaulding
- Break out N: Emerging Technologies: Health Games, Behavior Change Research and Smoking Cessation**
Dr. Ann E. Maloney
- 2:00-2:10 **Break**
- 2:10-3:10 **Break out O: Motivational Interviewing in Groups**
Stephen Andrew
- Break out P: Practical Practice: Client Conversations about the Electronic Cigarette**
Maggie Miller and Amy Giles
- 3:15-4:00 **Tobacco Treatment Medications: Attending to the Details**
Dr. Alessandra Kazura

Day Three: May 2, 2012

- 8:00-8:30 **The Universe of Tobacco Treatment: ATTUD, the TTS-G and Online Resources**, *Fred Wolff*
- 8:35-10:30 **Break out Q: Cognitive Behavioral Therapy and Tobacco Dependence Level One**, *Patricia Burke*
- Break out R: Cognitive Behavioral Therapy and Tobacco Dependence Level Two**, *Dr. Katherine Ryan*
- 10:30-10:45 **Break**
- 10:45-11:45 **The Changing World of Tobacco Products**
Rebecca Hitchcock
- 11:45-12:30 **Lunch**
- 12:30-1:30 **Tobacco Treatment and Ethics**
Fred Wolff
- 1:30-1:45 **Break**
- 1:45-3:30 **Tobacco Treatment Assessment**
Barbara Perry

Day Four: May 3, 2012

- 8:00-9:00 **Tobacco Dependence: Why do people relapse?**
Fred Wolff
- 9:00-9:45 **Case Study From the Treatment Center**
Martha Seabury
- 9:45-10:00 **Break**
- 10:00-11:00 **Tobacco Treatment Medications: Case Studies**
Rebecca Hitchcock
- 11:00-12:00 **Case Studies: Treatment Planning Clinic, Hospital, and HelpLine Specialists**
- 12:00-12:45 **Lunch**
- 12:45-3:00 **Case Studies: Treatment Planning Clinic, Hospital, and HelpLine Specialists**